Public Health Safety Check List for Air Travelers During Covid-19

These precautions significantly mitigate disease risk during air travel:

> Be aware of COVID-19 symptoms and don't fly when positive. Be responsible.
> If you have been in contact with someone positive for COVID-19, then follow CDC recommendations about quarantine and testing before going out in public.
> As always, follow flight crew instructions while on board the aircraft.
> If a fellow passenger is not wearing their mask, politely ask them to do so for the benefit of others, or call a flight attendant. Likewise, alert a flight attendant if someone is symptomatic.
> Wear masks at all times during your travel, except very short times to eat or drink.
> Keep hydrated during long flights, drinking prudently by briefly moving your face mask.
> Maintain six-foot distance before and after boarding the plane, including on the jet bridge.
> Keep reasonable distance onboard when stowing and removing overhead luggage: avoid congestion in the aisles throughout the trip.
> Maintain sanitary conditions. Although disinfected by cleaning crews, keep tray tables, arm rests and other high touch areas clean.
> Wash/Sanitize hands regularly and avoid face touching - in particular eyes, nose and mouth - while seated and during and after bathroom use.

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