Doffing (Removing) Gloves

1. Make an "L" with your thumb and first finger.



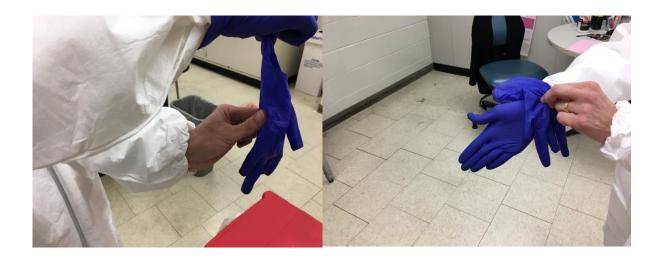
2. Place your fingers perpendicular to your wrist and pinch. Do not touch the edge of the glove.



3. Pull the glove completely off - it should be inside out.



4. Grab the inside out glove with your bare hand (the one the glove just came off of) and then pinch the other glove at the wrist.



5. Pull the pinched glove cuff up high away from the wrist. Then pull the glove off making sure the gloved hand is flat and you do not touch the outside of the contaminated glove with your clean hand.



6. Discard the gloves and wash your hands.

